



THE INSTITUTE OF
Healing Arts
and Sciences, LLC
The W.I.S.E.[™] Method

A School for Transformation

2009 Course Catalog

The Institute of Healing Arts and Sciences, LLC

Energy Medicine Practitioner (EMP) Program – 4-year

Advanced Energy Medicine Certificate (AEMC) Program – 4-year

Energy Medicine Certificate (EMC) Program – 2-year

Seminars – Day and Weekend

AOTA Members: IHAS is an Approved Provider of continuing education by The American Occupational Therapy Associate (AOTA), Provider #5798. A certificate will be issued for you to submit to your state licensing board. The assignment of AOTA CEUs does not imply endorsement of specific course content, products, or clinical procedures by AOTA.

NCBTMB Members: The Institute of Healing Arts and Sciences is approved by the National Certification Board for Therapeutic Massage and Bodywork (NCBTMB) as a continuing education Approved Provider.

Pending: CEUs for Social Workers.

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Main Campuses:

**Archdiocesan Center at
St. Thomas Seminary
467 Bloomfield Avenue
Bloomfield, Connecticut 06002**

**800 Cottage Grove Road, Suite 502
Bloomfield, CT 06002**

Anguilla, British West Indies

TABLE OF CONTENTS

OUR MISSION	4
OUR HEALING VISION	4
HISTORY OF IHAS	4
SCHOOL FACILITY	5
ADMISSION REQUIREMENTS AND PROCEDURES	5
Admission Criteria	5
Enrollment	5
Tuition	6
School Calendar	6
STUDENT LOANS	6
ADMINISTRATIVE POLICIES	6
Student Conduct/Dismissal	6
Student Withdrawal	7
Refund Policy	7
Attendance/Tardiness	8
Homework Policy	8
Grading Policy	8
Student Internship for EMP Program	9
Student Complaint and Grievance Procedure	9
Graduation Requirements	9
Student Services	10
The W.I.S.E.™ Method ENERGY MEDICINE PRACTITIONER (EMP) PROGRAM	10
The W.I.S.E.™ Method ADVANCED ENERGY MEDICINE CERTIFICATE (AEMC) PROGRAM	10
EMP/AEMC 2009 – 2010 Class Dates	10
The W.I.S.E.™ Method ENERGY MEDICINE CERTIFICATE (EMC) PROGRAM	11
EMC_2009 – 2010 Class Dates	11
The W.I.S.E.™ Method COURSE DESCRIPTIONS	11
EMP and EMC YEAR 1 CURRICULUM	11
EMP and EMC YEAR 2 CURRICULUM	13
EMP/AEMC YEAR 3 CURRICULUM	14
EMP/AEMC YEAR 4 CURRICULUM	15
FACULTY AND STAFF	18
DIRECTIONS	

OUR MISSION

The Institute of Healing Arts and Sciences, LLC (IHAS) teaches, promotes, and researches the art and science of energy medicine through The W.I.S.E.™ Method, using the highest ethical and educational standards and practices.

OUR HEALING VISION

The Institute of Healing Arts and Sciences, LLC is a recognized leader in complementary medical education, treatment, and research, promoting greater visibility, credibility, and acceptance of energy medicine among healthcare professionals and the general population.

HISTORY OF IHAS

In 1993, IHAS began as a series of 6-week courses entitled "Self-Healing through the Human Energy Field" offered by Founder and President, Dorothy Martin-Neville, Ph.D. Her students, eager to delve deeper into energy healing, asked her to expand the series. A two-year program was established with a specific curriculum of personal process work and hands-on healing methods. As the student population steadily grew, so too, did the school with the addition of an expanded curriculum and a third year. In May 2002, at the request of a number of area hospitals and clinics, IHAS developed an internship program, which allowed third year students to provide inpatient and outpatient care. This new dimension required an enhanced application of personal and professional development. In August 2003, IHAS was established as a four-year school of healing arts, approved by the Connecticut Commissioner of Higher Education.

IHAS currently offers three programs:

- The W.I.S.E.™ Method Energy Medicine Practitioner (EMP)
- The W.I.S.E.™ Method Advanced Energy Medicine Certificate (AEMC)
- The W.I.S.E.™ Method Energy Medicine Certificate (EMC)

Students may enter the four-year EMP Program or the two-year EMC Program. The EMC program prepares a student to transition to the

Junior year of the AEMC or EMP program if desired. The EMP and AEMC classroom requirements are identical; as a result, all Junior year students and/or Senior year students remain with their cohort for the entire four years regardless of which program they elect. The difference in the two programs lies in the EMP internship for healthcare professionals and students who wish to begin an Energy Medicine practice after graduation. AEMC students do not complete an internship program.

In the field of health and medicine, the EMP program is groundbreaking, providing partnership in patient care at approximately 50 hospitals, clinics, nursing homes, and medical facilities in Connecticut, Massachusetts, Rhode Island, New York, New Jersey, Pennsylvania, Arizona, New Mexico, and Iowa. Some of the departments currently receiving our services are Oncology, Family Medicine, Alzheimer units, and Women's Health, as well as medical and surgical inpatient units.

For several years classes were held at the University of Hartford in Hartford, Connecticut until class size and the demands of the curriculum required a larger and more functional space. With its formal affiliation within the medical community, IHAS classes moved to the St. Francis Hospital and Medical Center Campus at The Center for Health and Enhancement in Hartford, Connecticut. We resided there for two years, until we once again outgrew our available space. In September 2004, classes moved to St. Thomas Seminary and Archdiocesan Center in Bloomfield, Connecticut.

Dr. Dorothy Martin-Neville, Founder and President of IHAS, recently completed The National Institutes of Health funded research to explore the effectiveness of energy healing on Fibromyalgia patients using The W.I.S.E.™ Method developed by Dr. Martin-Neville.



SCHOOL FACILITY

St. Thomas Seminary and Archdiocesan Center in Bloomfield, Connecticut is a beautiful facility situated on 100 acres of sprawling lawn and woodlands three miles north of Hartford. This location provides a peaceful setting for centering and connecting to our own spirituality.

St. Thomas Seminary is just a few minutes to major highways and is approximately 20 minutes from Bradley International Airport in Windsor Locks, Connecticut. There is ample free parking available and plenty of shopping and restaurants near St. Thomas Seminary.

The classroom location may change as we continue to grow.

ADMISSION REQUIREMENTS AND PROCEDURES

Admission Criteria

To maximize the quality of instruction and personal interaction between students, our criteria for admission include, but are not limited to, the following:

- Familiarity and experience with the field of energy medicine in general.
- Receive a healing from an IHAS graduate to guarantee awareness of our particular style and format.
- Commitment to, and experience in, personal growth activities.

- Demonstrate time management skills in personal, professional, and academic lives.
- Commitment to meet financial obligation to the school.
- Academic readiness.
- Additional criteria as outlined.

Age

An applicant must be at least 18 years old at the time of registration.

Education

High school graduation or equivalency of a U.S. high school diploma is required. An applicant must provide either a high school transcript with proof of graduation, GED, or college transcript before the Admissions Committee can consider the application. In certain cases, an applicant may be required to demonstrate academic readiness through work experience or an interview with a school official.

Foreign students who apply to IHAS bear the responsibility of providing documentation, which confirms that their education credentials are the equivalent of a high school diploma in the United States. All applicants must demonstrate proficiency in the English language. An applicant may be required to take a language competency test.

Interview

Upon receipt of a prospective student's application, the Admissions Department will review it and, at its discretion, may schedule an interview with an Admissions Representative.

Enrollment

Following the successful completion of the interview, if required, and review of all application requirements, the student will receive an Enrollment Agreement. Registration in the Energy Medicine Practitioner Program, the Advanced Energy Medicine Certificate Program, and the Energy Medicine Certificate Program is complete when IHAS receives a signed Enrollment Agreement and tuition is paid in full.

IHAS does not discriminate against any applicant due to race, color, gender, sexual orientation, religion, national, or ethnic origin.

Tuition

Tuition for the 4-Year Energy Medicine Practitioner (EMP) program and the 2-Year Energy Medicine Certificate (EMC) program is \$4,800 per year for the 2009 school year. The tuition is subject to increase each year.

First year students in the EMP and EMC programs are required to have their tuition paid in full prior to attending the first class weekend.

For students in years two, three and four of all programs, payment must be paid in full by July 15.

Tuition paid after the due date will be subject to a \$100.00 late fee.

For students entering the third year of study, an Intimacy Workshop is required on the island of Anguilla, BWI. This workshop is mandatory for admission into the third year of the program. The costs associated with the Intimacy Workshop are not included in the tuition costs. Approximate costs from 2008's trip are broken out below.

- Lodging: \$750 per person (pp), approximate cost based on four students per villa.
- Food: \$300 - \$600 approximate.
- Car Rental: \$85pp approximate
- Airfare: Varies - \$520 up to \$730pp approximate
- \$500 seminar fee

School Calendar

The EMP/AEMC program meets for six weekend sessions between September and May. A weekend consists of Friday, Saturday, and Sunday. Class sessions are from 9:00 a.m. to 5:30 p.m. with a one-hour lunch break. The EMC program meets for eight weekend sessions between March and October. A weekend consists of Friday evening, Saturday, and Sunday. Class sessions are from Friday

evening 6:30 p.m. – 9:00 p.m. Saturday 9:00 a.m. to 5:30 p.m., and Sunday 9:00 a.m. to 5:00 p.m. with a one-hour lunch break each day.

If for any unforeseen reason classes need to be rescheduled due to circumstances beyond IHAS control, such as a personal tragedy, severe inclement weather (state of emergency), and/or a building emergency, classes will be rescheduled at the sole discretion of the school. Any such rescheduling will not affect the student's financial obligation. A school calendar lists the scheduled class dates for each year. Notification of class cancellation by IHAS is via WRCH 100.5, NBC Channel 30 and a recorded message will be available by calling IHAS's main number 860-286-5400.

STUDENT LOANS

Student loans are available through SLM Financial. Applicants and returning students can apply on-line by going to their website at www.slmfinancial.com and completing an application. The school code is 606386.



ADMINISTRATIVE POLICIES

Student Conduct/Dismissal

While enrolled at IHAS, students in all programs agree to abide by school policies and procedures and otherwise behave in a manner that represents IHAS and our profession in a positive light. Professional standards of conduct and behavior are always in effect whether in the classroom or in an internship setting.

The dress code for class is casual, comfortable, and appropriate attire. In addition, no firearms, drugs, alcohol, violence, or abusive language is allowed in or outside the classroom.

IHAS reserves the right to refuse participation of any student for reasons of academics, attendance, conduct, arrears in payment, or not conforming to the rules and regulations of the school. In the event a student is terminated from the program, the school will notify the student in writing specifying the effective date of termination.

Student Withdrawal

The student has the right to cancel this agreement at any time by notifying the school in writing. Students who withdraw, or are dismissed, have the opportunity to reapply to the program at a future date. Application for readmission begins by meeting with the Dean of Students to discuss the applicant's personal circumstances. The Admissions Committee will consider each applicant on an individual basis. All dismissed students must wait at least one full school year before reapplying.

Refund Policy

In the event a student fails to enter or withdraws from the program prior to classes beginning, tuition and other fees will be refunded as follows:

For new applicants:

- In the event a student does not begin classes and cancels within three calendar days after signing the Enrollment Agreement, the student will receive a full refund, which includes the \$100.00 non-refundable application fee.
- In the event a student does not cancel within the three-calendar day limit, but before class begins, the student will receive an 85% refund of tuition, minus the \$100.00 non-refundable application fee.
- All refunds will be made within 30 days of withdrawal, termination, dismissal, or cancellation.

For returning students:

- In the event a student does not begin classes and cancels within three calendar days after signing the Enrollment Agreement, the student will receive a full refund.
- In the event a student does not cancel within the three-calendar day limit, but before class begins, the student will receive an 85% refund of tuition.
- All refunds will be made within 30 days of withdrawal, termination, dismissal, or cancellation.

In the event that a student withdraws, or is terminated from the program once the program has begun, refunds will be based on the last date of verifiable attendance.

For year one:

- Attendance at all or part of the first weekend prior to withdrawal – 60% refund minus the \$100 application fee.
- For first year students, the Student Workbook must be returned upon withdrawal or an additional \$100.00 fee will be deducted from the refund.
- No refund will be given after attending all or part of the second weekend.

For years two and four:

- Attendance at all or part of the first weekend prior to withdrawal – 60% refund of tuition.
- No refund is available after attending all or part of the second weekend.

For year three:

- Attendance at Intimacy Workshop in Anguilla prior to withdrawal – 30% refund of tuition.
- No refund will be given after attending part or all of the first class weekend.



Attendance/Tardiness

Absence

All students are required to attend classes as scheduled. If a student is unable to attend, the teacher must be notified of the reason prior to class. Excused absences are as follows: death in the immediate family, severe illness, and/or hospitalization. For these instances only, an IHAS staff member will meet with the student to provide the important missed class content.

Vacations should be scheduled around class dates and do not constitute excused absence.

Students can miss the equivalent of one full weekend - of their class hours - each school year. Absence from more days of class requires a repeat of the school year at the student's expense.

Tardiness

Tardiness, which exceeds 30 class minutes, will constitute an absence of one-half day. If a student leaves class more than 30 minutes prior to the end of class, it will constitute an absence of one-half day.

Homework Policy

Between each class session, the completion of assignments is required. These assignments are an integral part of the course work and their timely submission is required for successful completion of each course.

All homework is due one to two weeks prior to the beginning of each weekend's scheduled classes. One point will be deducted from the homework grade for every day it is late. All

homework must be completed to progress to the next year, even if a student is absent from class.

If homework is consistently late or consistently incomplete, the student will be contacted to schedule an appointment with the Dean of Students to discuss their progress.

Grading Policy

Students in the program are graded on a point system that reflects the total classroom and internship time (for Juniors and Seniors in the EMP program) spent in the modules covered in the Assess, Balance, and Change units of study (see curriculum description on following pages). The points assigned to each Unit vary by year to reflect the differences in the curriculum for each successive year. At the end of every weekend, a student is given feedback as to their progress in the program.

A minimum score of 85 (A = 90 – 100, B = 85 – 89, C = 84 and below) is required for each weekend, and each Internship marking period, as well as cumulatively for the year. This high standard reflects our commitment to ensuring that students are well-trained and well-developed Energy Medicine Practitioners by the end of the four years.

Anyone receiving a score below 85 is at risk of failing and a remediation plan will be developed with their Teacher. Note: The student is responsible for approaching the Teacher to arrange for remediation.



Student Internship for EMP Program

In the third and fourth years of study in the EMP program, each student is required to participate in an internship at one of the many IHAS-affiliated hospitals or medical facilities in the student's state of residence, although alternate sites may be presented for consideration.

EMP Internship Requirements

Each student participates in a weekly or bi-weekly three-hour session at his or her chosen internship site. A minimum of 45 **patient contact** hours per year, and an 85% or better grade average, are required to satisfy the requirement. Students must be able to communicate effectively with patients, hospital staff, and their preceptor in a confidential manner, as well as a patient's family members when necessary. In addition, each student will present a minimum of three case conferences per year, presenting a different patient/case each time. The student's preceptor and peers provide feedback during the case conference.

All students doing an internship must carry liability insurance with limits of \$1,000,000 / \$3,000,000. Students can apply for this insurance by contacting ABMP, Associated Bodywork and Massage Professions, at 800-458-2267 or on-line at www.abmp.com. The approximate cost for this insurance is \$65.00 per year. Please enter our School Member ID# 677089 when applying.

Proof of the following immunizations is required and must be given to the school's internship coordinator prior to any patient contact:

- Rubella (measles)
- PPD (tuberculosis)
- Hepatitis B series (or waiver)
- Chicken Pox
- Mumps
- Additional immunizations may be required depending upon location.

Students are required to attend an orientation session at the location of their specific internship site. At this orientation, the facility's required guidelines and protocols will be established which each student is expected to follow.

Student Complaint and Grievance Procedure

A student wishing to file a complaint while in school may see his or her class teacher. If this does not lead to satisfactory conclusion, the student may contact the Dean of Students by calling the IHAS office.

If the student does not feel that the school has adequately addressed a complaint or concern, the student may file a complaint with the Connecticut Commissioner of Higher Education:

Department of Higher Education
61 Woodland Street
Hartford, CT 06105
Telephone number: (860) 947-1816

Graduation Requirements

In order to graduate and receive a diploma for the EMP program, a student must have:

- Tuition paid in full
- Completed all the required homework assignments
- Received an accumulative grade of 85 in all courses required for graduation
- Attended the Intimacy Workshop in Anguilla
- Completed the internship requirement of 90 hours total
- Not missed more than three full days absence in any one year

In order to graduate and receive certificate for the AEMC program, a student must have:

- Tuition paid in full
- Completed all the required homework assignments
- Received an accumulative grade of 85 in all courses required for graduation
- Attended the Intimacy Workshop in Anguilla
- Not more than three full days absence in any one year

In order to graduate and receive a certificate for the EMC program, a student must have:

- Tuition paid in full
- Completed all the required homework assignments
- Received an accumulative grade of 85 in all courses required for graduation

- Not more than three full days absence in any one year

Student Services

Placement

The school cannot guarantee or promise employment to any graduate.

Housing

IHAS does not provide housing for students.

Counseling

Any student interested in counseling should contact the Dean of Students at the IHAS Administrative Office.

THE ENERGY MEDICINE PRACTITIONER (EMP) PROGRAM 650 Clock Hours

THE ADVANCED ENERGY MEDICINE CERTIFICATE (AEMC) PROGRAM

560 Clock Hours

Classroom time is identical to the EMP Program. The difference in hours reflects the removal of the 90-hour internship requirement.

Energy Medicine Practitioner

An Energy Medicine Practitioner is one who utilizes the energy within and around the body in a specific way to support healing and/or maintenance of health on all levels of existence – emotional, spiritual, physical, and energetic. The Institute of Healing Arts and Sciences, LLC offers a four-year training program preparing W.I.S.E.™ Method (**W**holistic **I**ntegrated **S**piritual **E**nergies) Energy Medicine Practitioners to work in a medical/healthcare setting. AEMC students are NOT as prepared to work in a medical/healthcare setting and receive an Advanced Energy Medicine Certificate.

Synopsis of the Program

The W.I.S.E.™ Method, developed by Dr. Dorothy Martin-Neville, is a form of energy medicine that focuses on the multiple levels of the human energy field with the intent to release blocked energies and support optimal physical, psychological, and spiritual health. The W.I.S.E.™ Method Practitioner assesses the physical, emotional, and spiritual components of the presenting complaint including what was happening in the client's life at the point of onset.

Specific W.I.S.E.™ Method energy balancing techniques are used to remove energy blocks, balance excesses and deficiencies, and dissipate stagnant energy patterns within the body. The W.I.S.E.™ Method Practitioner then, as needed, supports the client in examining and changing the belief systems that created the energetic blocks.

The steps in The W.I.S.E.™ Method, and the order in which they are generally followed, are most easily understood following a three-phase A-B-C model:

- A. Assess – identify the presenting complaint including the physical, emotional, and spiritual issues, including what was happening at the point of onset.
- B. Balance – use The W.I.S.E.™ Method energy balancing techniques to remove energy blocks, balance excesses and deficiencies, and dissipate stagnant energy patterns within the body.
- C. Change - support the client in examining and changing the belief systems that created the energetic blocks.

2009 – 2010 Class Dates

Freshman and Junior Class Weekends

August 28-30

October 2-4

November 20-22

January 8-10

February 19-21

April 16-18

Sophomore and Senior Class Weekends

September 11 - 13
October 16 - 18
December 4 - 6
January 15 - 17
February 26 - 28
April 23 - 25

Junior Year Students

Intimacy Workshop in Anguilla, BWI -
August 8-15, 2009

Senior Year Students

Graduation April 25, 2010

ENERGY MEDICINE CERTIFICATE (EMC) PROGRAM 270 Hour Program

Students have the option of entering the EMC program, which is identical to the first two years of the EMP program. It prepares a student to transition into the Junior year of the EMP/AEMC programs if desired. This program of study is covered over eight Friday evening, full day Saturday and full day Sunday weekends.

2009 Winter Session Class Dates

EMC 1 Class Weekends

March 13 - 15
April 3 - 5
May 1 - 3
June 5 - 7
July 17 - 19
August 21 - 23
September 25 - 27
October 23 - 25

2009 Winter Session Class Dates

EMC 2 Class Weekends

January 9 - 11
February 20 - 22
March 20 - 22
April 17 - 19
May 15 - 17
June 19 - 21

July 10 - 12
July 31 - August 2

2009 – 2010 Class Dates

EMC 2 Class Weekends

September 11- 13
October 16 - 18
December 4 - 6
January 15 - 17
February 26 - 28
April 23 - 25
May 21 - 23
June 25 -
27

The W.I.S.E.™ Method COURSE DESCRIPTIONS

EMP and EMC YEAR 1 CURRICULUM 135 total clock hours

Assess – 26.67 clock hours

This unit includes assessing one's own level of personal growth as well as assessment tools related to identifying a client's presenting complaint, including the physical, emotional, and spiritual issues and what was happening at the point of onset or exacerbation. Topics in this unit include (but are not limited to):

- *Ethics* – This series of modules will provide each student with a firm set of ethical principals and values as the foundation for making practical and ethical decisions as a bodywork professional.
- *Character Structures* – This series of modules describes the basic components of each character structure as it applies to the student, developmental origin, presentation, psychological implications, and each character structure's respective life tasks. Also included is a demonstration and clarification of the defense structures as they appear in the students.

- *High Sense Perception (HSP) Development* – This module provides an introduction to, and explanation of, HSP as well as how to expand and contract one's own field.
- *Anatomy* - Students who are a MD, PA, RN, LPN, OT, PT, MT, medical student, or have completed a college-level course in basic human anatomy, are not required to complete an anatomy course. If they are not in one of the above exempt professions, they are required to provide a copy of their college transcript that shows completion of the anatomy course. If they have never taken a course in human anatomy, they can take the on-line self-study course *The Human Body in Health and Illness* (<http://evolve.elsevier.com>) or, if they prefer classroom study, they can attend an anatomy class at a local college.

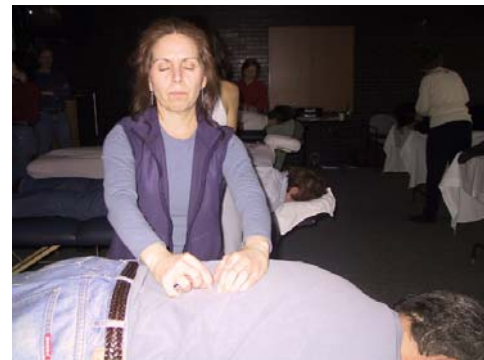
Balance – 78.66 clock hours

This unit covers how to recognize and change areas of imbalance in one's self and using The W.I.S.E.™ Method energy balancing techniques to remove energy blocks, balance chakra excesses and deficiencies, and dissipate stagnant energy patterns within the body. It includes:

- *Meditation Techniques* – This series of modules support a student's spiritual growth and development through establishing a routine of prayer and/or meditation. The student will be exposed to a variety of meditation techniques to support the development and maintenance of a consistent meditation practice.
- *Chakras 1 through 7* – This series of modules provides an introduction and overview of the seven major energy centers (chakras) in the human body and their physical, emotional, and spiritual components.
- *Healing Techniques* – This series of modules teach The W.I.S.E.™ Method healings. The teaching staff will demonstrate the healing and then the students will practice the technique(s) on each other throughout the weekend. The depth and level of expertise for each student will increase significantly

with each year's course of study. The focus this first year is to develop and demonstrate sensitivity to energy in another's body and the ability to balance the energy flow to support health and wellness through the W.I.S.E.™ Method. Healing techniques for EMP and EMC Year 1 include:

- Synchronizing Brain Function
- Full Body Energy Balancing
- Hormonal Balancing - Reproductive
- Experiencing Energetic Variance – blocks, deficiencies, excess
- Spinal Cleanse and Strengthening and Holding All Seven Levels of the Field
- Hara Alignment and Strengthening
- Pendulum Readings



Change – 29.67 clock hours

- *Personal Growth* – This series of modules provides an opportunity for students to take a more developed in-depth look at their own personal process, examine their belief systems, and identify how they are blocking further personal and spiritual growth. During the weekly check-in and in small groups, students explore and begin to work through issues that are blocking self-awareness and continued growth.
- *Forgiveness* – This module focuses on the healing power of forgiveness. Options for forgiveness, psychological correlations of forgiveness, and forgiveness techniques are explored.
- *Mindfulness Based Stress Reduction (MBSR)* – This body-centered practice of meditation includes body scans, gentle yoga, and sitting meditations, all aimed at supporting the student in recognizing how

energy is held in the body and how to release that energy. Each lesson includes both cognitive exercises and practice sessions as participatory medicine tools for self-healing. Students have daily practices between classes.

EMP and EMC YEAR 2 CURRICULUM 135.0 total clock hours

In year two, the focus will be on the development of each student's perception skills and how and when to use them during an energy healing session.

Assess – 25.92 clock hours

This unit includes assessing one's own levels of personal growth as well as assessment tools related to identifying a client's presenting complaint, including the physical, emotional, and spiritual issues, and what was happening at the point of onset. Topics in this unit include (but are not limited to):

- *Working with Pendulums* – This module enhances the healer's ability to recognize and appropriately use the energetic flow information provided in a pendulum reading.
- *Past Life Influences* – This module focuses on how events in this life or past lives affect us and our client's belief systems and emotional patterns and how to release any limiting ramifications that may exist.
- *Anatomy* – This series of modules provides an overview of how our conscious and unconscious belief systems affect our emotional responses and emotional health. It provides a foundation in the psycho-spiritual causality of illness and injury. Each of the nine organ systems will be explored in relation to the psycho-spiritual issues that manifest as physical disorders. These modules explore the major psycho-spiritual correlates to each:
 - Chakra organ system
 - Part of the body
 - Psychological/emotional dis-ease

- Physiological symptoms
- *Character Structures* – This series of modules examines how to recognize and respond to people in defense, using a developing awareness of the character structures. It also includes identifying the students' character defenses, which may impede the effectiveness in the healing relationship. A demonstration and clarification of the defense structures as seen in the students is also covered.

Balance – 70.50 clock hours

This unit covers how to use The W.I.S.E.™ Method energy balancing techniques to remove energy blocks, balance chakra excesses and deficiencies, and dissipate stagnant energy patterns within the body. It includes:

- *Chakra 1 through 7* – This series of modules matches each human anatomical structure to its chakra and discusses injuries and illnesses as they apply to each specific chakra.
- *Healing Techniques* – This series of modules teaches the student to tune into the more subtle energetic levels and to hold them for entire healing sessions – 20 to 60 minutes. The focus in year two is on becoming sensitive to more subtle energy and balancing or helping the client shift their energy through sensing and a deeper level of intentionality.

Healing techniques for EMP and EMC Year 2 include:

- Core Remembrance
- Healing on All 7 Levels of the Field
- Healing on the Astral Level
- Healing Past Lives
- Sinking in of the Hands
- Rebuilding the Chakras

Change – 38.58 clock hours

- *Moving Energy* – This series of modules teaches students to recognize blocked energy in their own bodies and helps in re-establishing a balanced flow of energy. This supports the student in learning to recognize and work with blocked energy in others.

- *Personal Growth* – This series of modules provides an opportunity for students to take a more developed in-depth look at their own personal process, examine their belief systems, and identify how they are blocking further personal and spiritual growth. During the weekly check-in and in small groups, students explore and begin to work through issues that are blocking self-awareness and continued growth.
- *High Sense Perception*- This series of modules provides information and direction on the development of perception skills and the opportunity to practice these skills with classmates. Techniques taught include Listening with the 3rd Ear, Developing Inner Knowing, Expanding Cellular Memory, Walking in the Energy Field of Another, and Assessing without Judgment.
- *Ethics* – This series of modules identifies how dependency relationships form and it teaches techniques for avoiding them in the classroom and in personal relationships.

EMP/AEMC Year 3 Curriculum
200.0 total EMP clock hours
155.0 total AEMC clock hours

During the third year, students will develop the necessary skills to utilize and implement The W.I.S.E.™ Method in a medical or clinical setting. A deeper level of psycho-spiritual awareness and understanding, combined with the necessary clinical training, support the student in working in the medical field as a W.I.S.E.™ Method Energy Medicine Practitioner.

EMP Clinical Internship I

The EMP internship requires the student to spend 45 contact hours with patients/clients in an approved internship site. In addition to 45 on-site contact hours, students attend three case conferences where they provide case presentations on different clients and receive additional internship support. Each student receives feedback from his or her preceptor, as well as from his or her peers. The Assess, Balance, and Change modules described below

reflect an equal distribution of the internship hours. The internship provides an opportunity for the student to work with as many different patients and diagnoses in a clinical setting as possible, while integrating the Assess, Balance, and Change principles they have learned over the past two years.

Assess – EMP 66.25 clock hours
AEMC 51.25 clock hours

- *Intimacy Workshop*, Anguilla, BWI– Intimacy is further defined and the ability to interact with others from honesty and the undefended self is further supported. This intensive workshop focuses on the development of intimacy potential within each student, enabling them to interact with others more honestly and effectively. This workshop highlights character structures, supports students in learning different response patterns to family of origin behavioral triggers, and strengthens existing assessment techniques.
- *Recognizing Codependency in Your Healership / Internship* – This module describes codependency in-depth as it applies to the healer relationship with patients in or out of the hospital setting.
- *Psycho-Spiritual Correlates to Disease* – This module provides an in-depth study of the belief systems and emotional patterns students have created along with how those beliefs and patterns affect the student's physical health. Both acute and chronic conditions are explored.
- *Integrating in a Medical Setting* – The purpose of this series of modules is to help students develop the skills required to work effectively and complementary in medical settings and with other medical practitioners.
- *High Sense Perception (HSP) Development*- This series of modules reviews the assessment techniques covered during the Intimacy Workshop in Anguilla and provides additional opportunity for students to practice HSP with class participants. New HSP techniques include Developing Inner

Knowing, Multi-Level Seeing, and Opening the Third Eye.

- *Professional Ethics* - This series of modules instructs the student on ethical conduct regarding self-promotion, personal involvement with clients, and HIPPA regulations regarding disclosure of Protected Health Information (PHI).
- *Character Structures* - This series of modules provides a review of the character structures, as the third year students mentor the first year students, and support them in acknowledging the character structures in themselves and others without judgment. The focus for the third year students is on the importance of knowing his/her own character structure blend, and how their blend is impacted or exaggerated by their client's defenses.
- *Anatomy-Healer's Awareness of Disease* – In addition to working with more serious disorders, diseases, and surgeries, this module teaches the student to recognize more specifically the diseases that have their own vibration and the requirement that the student **not** identify or resonate with the client's disease. The student learns how to be aware of personal issues relevant to the disease with which she/he is working and how to separate his/her personal issues from the psychological, spiritual and physical disease issues of the client.
- *Personal Growth* – This series of modules provides an opportunity for students to take a more developed in-depth look at their own personal process, examine their belief systems, and identify how they are blocking further personal and spiritual growth. During the weekly check-in and in small groups, students explore and begin to work through issues that are blocking self-awareness and continued growth.

**Balance – EMP 73.33 clock hours
AEMC 58.33 clock hours**

- *Advanced Grounding Techniques* – This module describes the methods for clearing the environment, the room, and the

student's field of negative energy and distractions. The emphasis of this module is to provide information on dealing with distractions while staying present and working from the purest form.

- *Healing Techniques* – This series of modules helps students assess and work at the appropriate level whether in balancing energy or working from the level of intention. In addition, it supports students in making the links to any present psycho-spiritual components to support the client in shifting beliefs or emotional responses. Techniques taught include:
 - Distance Healing
 - Liver Detoxification
 - Eliminating Intestinal Parasites
 - Pre- and Post-Surgical Healing Techniques
 - Bone Reconstruction Techniques
 - Working with Addiction
 - Cancer Healing Techniques

**Change – EMP 60.42 clock hours
AEMC 45.42 clock hours**

- *Skills and Techniques* – This series of modules develops verbal and non-verbal communication skills used to support clients in exploring belief systems that no longer serve them and in changing those beliefs if the client chooses. Topics include Attending Behaviors and Observation Skills, Communication Skills, Eliciting and Reflecting Meaning, and Influencing Skills.
- *Personal Growth* - This series supports the student in recognizing how energy is held in the body as a result of particular character structures and how to further release that energy while shifting belief systems. Each lesson includes both cognitive exercises and practice sessions as participatory medicine tools for self-healing. Students have daily practices between classes.

**EMP/AEMC Year 4 Curriculum
180.0 EMP total clock hours**

135.0 AEMC total clock hours

In the fourth year, the student applies all the principals of The W.I.S.E.™ Method in the clinical / medical setting. Emphasis is on non-verbal intuitive assessment skills along with advanced assessment and treatment planning.

EMP Clinical Internship II

The EMP internship requires the student to spend 45 contact hours with patients/clients in an approved internship site. In addition to 45 on-site contact hours, students attend three case conferences where they provide case presentations on different clients and receive additional internship support. Each student receives feedback from his or her preceptor, as well as from his or her peers. The Assess, Balance, and Change modules described below reflect an equal distribution of the internship hours. The internship provides an opportunity for the student to work with as many different patients and diagnoses as possible, and to integrate the Assess, Balance, and Change principles they have learned over the past three years.



Assess – EMP 52.08 clock hours AEMC 37.08 clock hours

- *Mental Health* – This series of modules provides an overview of mental health diagnoses to support the energy practitioner's ability to discern the difference between mental health problems, spiritual crisis, and other personal growth issues so the practitioner

will know when to refer the client to other healthcare professionals. Topics include:

- Anxiety
- Sexual Abuse/Trauma
- Depression
- Grief
- Addictions
- *Body Reading* – This series of modules focuses on development of advanced HSP skills.
- *Advanced Assessment* – This series of modules develops treatment planning skills in selecting the most appropriate techniques to use with each client while maintaining a spiritual detachment to the patient's response.

Balance – EMP 78.5 clock hours AEMC 63.5 clock hours

- *Healing Techniques* – This series of modules continues the focus on working at the appropriate level in balancing energy and working from the level of intention. Emphasis is on psycho-spiritual components and supporting the client in shifting beliefs or emotional responses. Techniques taught include:
 - Advanced Cancer Techniques
 - Healing on Fifth Level
 - Removing Harmful Energetic Cords
 - Introduction to Acupressure Techniques
 - Re-patterning Adrenal Flow

Change – EMP 49.42 clock hours AEMC 34.42 clock hours

- *Personal Growth* – This series of weekly modules provides an opportunity for students to take a more developed in-depth look at their own personal process, examine their belief systems, and identify how they are blocking further personal and spiritual growth. During the weekly check-in and in small groups, students explore and begin to work through issues that are blocking self-awareness and continued growth.
- *Business Mastery* – This series of modules supports the student in identifying how he or she chooses to move forward in life,

exploring personal and professional needs, risk-taking, the role of co-creation, and connection with others.

- *Collaborative Care* – This lesson includes tools and techniques for working as part of a medical team.
- *Ethics* – This series of modules focuses on the role of supervision in energy work, dual relationships, and professional boundaries, and expanding ethical consciousness in the community.
- *Client Presentations* – This supervised special project supports the student in applying what they have learned in the classroom and in the clinical internship to a 12-week treatment plan and demonstration of The W.I.S.E.™ Method in 12 energy therapy sessions with a client outside the classroom. Students prepare a case summary for classroom presentation.



FACULTY AND STAFF

Dorothy Martin-Neville, Ph.D., DCEP, LMFT, LPC, EMP, Founder and President, is a state licensed Professional Counselor as well as a Marriage and Family Therapist in practice for 23 years. Prior to founding the Institute of Healing Arts and Sciences, she taught graduate level courses at St. Joseph's College Counseling Institute. Dr. Martin-Neville has received certificates in Jin Shin Do, Advanced Acupressure, Reiki, Hypnotherapy, Iridology, and Reflexology and has studied Consegrity. She is also a graduate of the Barbara Brennan School of Healing. Dr. Martin-Neville is Vice-President of the Mental Health Association in Anguilla. She was Co-Chair of the advisory board of a \$2 million grant entitled Frontier Medicine that was awarded to UCONN Hospital and Medical Center from the National Institutes of Health (NIH). This grant supported research in cellular regeneration and cellular reconstruction, as well as cervical and breast cancers. In addition, Dr. Martin-Neville received NIH grant funding to research the application of The W.I.S.E.™ Method in working with Fibromyalgia patients.

Kathy L. Benton, DARC Certified, EMP, is a 2007 graduate of the four-year EMP program offered at IHAS. She acquired her certification for Drug and Alcohol Recovery Counselor in 2001, and is a 2nd Level Reiki Practitioner. Kathy has worked in Aviation Manufacturing for over 20 years. She is excited about moving forward and continuing her experience with Energy Medicine and The Institute of Healing Arts and Sciences.

Jack Berube, BS Mathematics. Jack is an IHAS graduate and a teaching assistant for the EMC program. He is also Reiki Level 1 certified. Jack has 25-plus years within the Insurance, Healthcare and Financial Investments arena as a Senior Program Analyst, Senior Business Analyst and Senior Business Consultant for Aetna Life & Casualty, CIGNA, United Health Care and ING.

Malinda Branson, MS, M Ed., EMP, LPC is an EMP senior year teacher at IHAS and a Licensed Professional Counselor. She is a graduate of the University of Hartford and of Florida State University. She earned her bachelors in Psychology and her Masters in Instructional Design. Malinda graduated from the IHAS three-year program in 2001 and went on to complete an advanced year of training from IHAS in 2003. She is a certified Reiki Master. In addition, Malinda works as a career counselor and training consultant in her own private practice in West Hartford, CT.

Margaret Dondiego, BA, EMP, is a 2008 graduate of the four year IHAS Energy Medicine Practitioner program. She is a teaching assistant for the EMC1 Program and an Internship Preceptor for the senior class. Margaret's interest in spirituality began with a degree in Religion from the University of Massachusetts Amherst and led to more embodied practices of Tai Chi, Yoga and the hands-on W.I.S.E. Method of Energy Medicine. She is pursuing further training in energy and mind-body awareness through Anodea Judith's Sacred Centers Certification program (completed Level 1) and Kripalu Center for Yoga and Health Yoga Teacher training certification. She is also a Reiki Level II practitioner and completed part 1 of Jin Shin Jyutsu. She has a private practice as an EMP in Western Massachusetts.

Lori DuBow, PT, EMP, is a graduate of the Boston University Sargent College of Allied Health and was a member of the first class to graduate from IHAS' four-year Energy Medicine Practitioner program. Lori is a licensed Physical Therapist with over 28 years of experience in various settings as well as a level two Reiki practitioner. Lori is a teacher for the Junior class at IHAS. She also serves as the Director of the Internship Program for Junior and Senior Students.

Suzanne Glaude, EMP

Suzanne retired from the Aetna in 2004 after having spent over twenty years in their Information Technology department as a Sr. Systems Development Specialist. She is now employed as a Chiropractic Assistant. Suzanne is a teacher assistant in the EMP program. In addition, she has training in Reiki Level II, certification in Reconnective Healing and The Reconnection, and has her own private practice.

Martha Griffin, BA, EMP, is a 2005 graduate of the IHAS four-year Energy Medicine Practitioner program. Martha is a Massage Therapist with Therapeutic Massage Associates, West Hartford, CT with expertise in Acupressure, Kinesiology, and Polarity. Martha teaches massage therapy continuing education courses and is a teacher for the EMP senior class.

Pamela C. Griffin, AAS, BA, EMP is a 2006 graduate of the IHAS four-year Energy Medicine Practitioner Program. Pam has an Associate Degree in Horticulture and worked for 16 years in the floral industry. She also has a BA in English and extensive written communication experience. Pam has more than 15 years experience working in the financial field in a variety of industries including aerospace, accounting, and commercial real estate. She now works as a Probate Paralegal in a law firm that specializes in elder care law. Pam also has a certification in Reflexology. She is a teacher assistant in the EMC program.

Cheryl Hancin, MS & MBA, is a 2006 Graduate of IHAS's four-year Energy Medicine Practitioner program. She has been a teaching assistant in the EMP program and is also a preceptor for our Junior and Senior year internship participants. Cheryl has a love for Health, Fitness, and Recreation. She attended the University of Connecticut for a BA and then headed to Florida International University for a Masters Degree in Sport and Physical Education. She attended the University of Hartford to obtain her MBA. Cheryl's passion for health and fitness has evolved into healing the body, mind, and

spirit. She currently teaches Hatha Yoga and Pilates and works individually with clients to improve their health and fitness levels. Cheryl also has training in Reiki Level 1 & 2, Cranio Sacral Therapy, Quantum Touch, Touch for Health and the Metamorphic Technique (Foot Therapy).

Patricia Howard, B.Sc., has completed the Practicum in Education from the Center for Mindfulness at the University of Massachusetts. She has graduated the Brennan Healing Science Program at the Barbara Brennan School of Healing and completed the Advanced Studies Program in Education, Supervision, Individual and Group Process. She has a degree in Computer Applications and 20 years experience of training and consulting in the business world. Patricia has a healing practice in Boston, MA. She teaches MBSR [Mindfulness Based Stress Reduction] program in the New England area in health centers, hospitals and corporate settings. She teaches workshops and sees clients both in the US and Europe. Patricia teaches year two of the EMC program and MBSR modules in the EMP program.

Lisa Jakubowski is a 2008 Graduate of IHAS's four-year Energy Medicine Practitioner program. She is a teaching assistant in the EMC program. She is a graduate of Nichols College with a Bachelors of Science in Business Administration, specialized in Accounting and Finance. She has worked in various companies and organizations in Accounting & Finance. Her current position is a Business Analyst in a local software company. Lisa is also building her practice at Awakening to Optimal Wellness in East Windsor CT.

Denise Landry, EMP, Chief of Engineering for the State of Connecticut, Department of Children and Family Services, graduated from IHAS in 1999. In addition, she completed a graduate year of study at IHAS in 2003. Denise who is a teacher for the EMP & EMC Programs at IHAS, a certified Hypnotherapist, Aroma Therapist, professional speaker, and the IHAS Liaison with the Lupus Foundation. In addition, as a gifted healer, Denise has her own private practice as an Energy Medicine Practitioner in Middletown.

Ron Mason, BS, EMP, is a 2005 graduate of the IHAS four-year Energy Medicine Practitioner program. Ron has been a Reiki Master and teacher since 2000 and is a year two teacher in the EMC program and an internship preceptor. He has a B.S in Accounting from Central Connecticut State University and an A.S. in Computer Science from Greater New Haven State Tech.

Faith Parsons, MA, CSH, LPC is an Internship Preceptor for Junior and Senior students. In her healing and counseling practice, Faith has a genuine passion for helping others learn and grow to their fullest potential. She is a 2002 graduate of IHAS, with a Masters degree in Mental Health/Pastoral Counseling as well as an extensive background in Instructional Design and Development. She is internationally recognized for her expertise in Brain-based Accelerated Learning and teaches workshops in Accelerated Learning and public speaking for professional organizations like the International Alliance for Learning, The American Society for Training and Development and the Association for Psychological type.

Arleen Pomaski RN, MS is a 2008 graduate of IHAS's four-year Energy Medicine Practitioner program. She is a teaching assistant in the EMC program. Arleen graduated from the University of Connecticut with a BS degree in nursing and from the University of California, San Francisco with a MS degree in psychiatric nursing. She has been working in psychiatric nursing for over 30 years including mental health and addiction counseling, extensive work in group therapy and

teaching psychiatric nursing. She has also been exploring alternative methods of self growth and healing for many years, including workshops at Esalen and learning Gestalt therapy. She is also an artist with a focus on watercolor painting and jewelry making.

Lynn Rosario, CH, EMP, CSH, is excited and thrilled to serve as preceptor for the internship students at IHAS. Lynn a 2004 graduate of the 4-year EMP program at IHAS is a Certified Hypnotist, Reiki Master and Therapeutic Touch Practitioner. She served as a Research Energy Medicine Practitioner for the Study of The W.I.S.E. Method™ on a Fibromyalgia Grant from NIH, as well as being a newlywed and first time Zsa Zsa (grandmother) to Ava Rose. Lynn also has a private Energy Medicine Practice and has recently provided healing services for clients of St. Francis Hospice Home Care and Prudence Crandall Women's Center. She is currently employed with a local Fortune 500 Insurance Company and her computer career spans over 25 years. She looks forward to working with this years' healers.

John Rossi, EMP, Life in Recovery Coach, is a Graduate of IHAS's four-year Energy Medicine Practitioner program. He is presently a teacher in the EMC program. He has a private practice in Malvern, PA, and is on the staff at Awakening Wellness Studio in Chadds Ford, PA, as well as Healthy Directions Center in Mendenhall, PA. John brings 12 years of experience and private study to his Recovery Coaching practice as well.

Valerie Wentworth is an EMC graduate, and a 2008 EMP graduate from IHAS. She has been a Teacher's Assistant in the EMC 1 and 2 programs and now teaches the EMP 2 program. Before coming to IHAS, Val worked as a Paraprofessional in the field of education working with grades K-8, and Special Education 7-8. She received certification from The Morris Pratt Institute as a Spiritual Healer and has studied Mediumship.

Bonnie Wolfe, M.S.PT, CSH, EMP graduated from University of Rhode Island with an MS in Physical Therapy and has specialized in manual

therapy for 20 years. She has worked in Comprehensive Rehabilitation for Spinal Cord and Traumatic Brain Injuries as well as in a variety of other medical settings. She has a BS in psychology and certification as a Trigger Point Therapist. Currently Bonnie is practicing manual therapy in both Wickford and Providence Rhode Island. She is a recent graduate of the four-year IHAS Energy Medicine Practitioner Program and is a teacher in the EMP junior class.

DIRECTIONS

CLASSROOM FACILITIES

St. Thomas Seminary and Archdiocesan Center, 467 Bloomfield Ave., Bloomfield, CT 06002

From the NORTH, Enfield and Massachusetts:

Go south on Route 91 to Exit 35B to Route 218. Turn right onto Route 218. Continue west for 4 miles to Route 189 (Bloomfield Avenue) and turn left onto Route 189 south. The Seminary is one-half mile down on right.

From the SOUTH, Hartford, Meriden, Middletown, and New Haven:

Go north on route 91 to exit 35B to route 218. Turn left onto route 218. Continue west for 4 miles to route 189 (Bloomfield Ave.) and turn left onto route 189 south. The Seminary is a half a mile down on the right.

From the EAST, Manchester, and East Hartford:

Take the Bissell Bridge route 291 to exit 1 (route 218-Bloomfield). Turn left at the end onto route 218. Continue west for 4 miles to route 189 (Bloomfield Ave.) turn left onto route 189 south. The Seminary is a half-mile down on the right.

From Glastonbury:

North onto route 2, cross over the Bulkeley Bridge to Route 91 north. See directions from the south.

From the WEST, Waterbury, Bristol, and New Britain:

Go east on Route 84, exit from route 84 at Prospect Avenue, exit 44. Turn left and proceed 2.5 miles to the end of Prospect. Turn right onto Rt. 44 (Albany Ave.) and immediately at next light turn onto route 189 north (Bloomfield Ave.) Continue 1 and ½ miles on route 189 the Seminary is on the left.

From Torrington, Avon:

East on Route 44. Follow route 44 to Hartford and junction of 189 north. Turn left onto route 189 (Bloomfield Ave.) and continue north on route 189 for 1 and ½ miles, the Seminary is on the left.

ADMINISTRATIVE FACILITIES

800 Cottage Grove Road, Building 5, Suite 502, Bloomfield, CT 06002

From the NORTH, Enfield and Massachusetts:

Go south on Route 91 to Exit 35B to Route 218. Turn right onto Route 218 (Cottage Grove Road). Continue west for 4 miles to Route 189 (Bloomfield Avenue). (Intersection with Ruby Tuesday's on the right) Stay in far left lane and make a U-turn. After U-turn, turn right into the first driveway at 800 Cottage Grove Road and then turn right immediately to Building 5.

From the SOUTH, Hartford, Meriden, Middletown, and New Haven:

Go north on route 91 to exit 35B to route 218. Turn left onto route 218. Continue west for 4 miles to Route 189 (Bloomfield Avenue). (Intersection with Ruby Tuesday's on the right).

Stay in far left lane and make a U-turn. After U-turn, turn right into the first driveway at 800 Cottage Grove Road and then turn right immediately to Building 5.

From the EAST, Manchester, East Hartford:

Take the Bissell Bridge route 291 to exit 1 (route 218-Bloomfield). Turn left at the end onto route 218. Continue west for 4 miles to route 189 (Bloomfield Ave.). (Intersection with Ruby Tuesday's on the right) Stay in far left lane and make a U-turn. After U-turn, turn right into the first driveway at 800 Cottage Grove Road and then turn right immediately to Building 5.

From GLASTONBURY:

North onto route 2, cross over the Buckley Bridge to Route 91 north. See directions from the south.

From the WEST, Waterbury, Bristol, New Britain:

Go east on Route 84, take Prospect Avenue - exit 44. Turn left and proceed 2.5 miles to the end of Prospect. Turn right onto Rt. 44 (Albany Ave.) and immediately at next light turn left onto route 189 north (Bloomfield Ave.). Continue 1 and ½ miles on route 189 to route 218 (Cottage Grove Road). (Ruby Tuesday's is on far corner) Take a right onto Cottage Grove Road. Turn right into the first driveway at 800 Cottage Grove Road and then turn right immediately to Building 5.

From TORRINGTON, AVON:

East on Route 44. Follow Route 44 to Bishop's Corner, West Hartford. At junction of 218/ No. Main St. (has gas stations on 3 corners) turn left onto 218. In Bloomfield No. Main St. becomes Cottage Grove Road. After going through intersection at Ruby Tuesday's turn right into the first driveway at 800 Cottage Grove Road and then turn right immediately to Building 5.